

Foreword by
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MOSS

Spāil Your Skin



Essential oils for each skin type

NORMAL

- Frankincense
- Geranium
- Jasmine
- Lavender
- Neroli
- Rose
- Lemon
- Ylang Ylang

DRY

- Frankincense
- Geranium
- Jasmine
- Roman Chamomile
- Lavender
- Neroli
- Rose
- Sandalwood
- Ylang Ylang

MIXED

- Bergamot
- Frankincense
- Geranium
- Jasmine
- Lavender
- Neroli
- Rosemary
- Rose
- Lemon
- Ylang Ylang
- Copaiba

OILY

- Wild Orange
- Bergamot
- Frankincense
- Geranium
- Lavender
- Patchouli
- Rosemary
- Lemon
- Lemongrass
- Cypress
- Melaleuca / Tea Tree
- Copaiba

Essential oils for special needs

SENSITIVE SKIN

- Blue Tansy
- Jasmine
- Roman Chamomile
- Lavender
- Rose
- Ylang Ylang

AGING SKIN

- Frankincense
- Geranium
- Lavender
- Myrrh
- Neroli
- Patchouli
- Rose

About DIY Recipes

Choose essential oils according to your skin type or special needs.

Use clean glass bottles and jars.

Storage serum, toner and cleansing oil in dark place, protected from sunlight.

Recipes

CLEANSING OIL

- 1,35 oz (40ml) Castor Oil
- 1,70 oz (50ml) Jojoba Oil
- 10 drops essential oil

Transfer all ingredients into a clean glass bottle with a dropper, and shake well.

FACE SERUM

- 0,33 oz (10ml) Argan Oil
- 0,33 oz (10ml) Nightly Primrose Oil
- 0,33 oz (10ml) Apricot Kernel Oil
- 12 drops essential oil

Transfer all ingredients into a clean glass bottle with a dropper, and shake well.

TONER

- 3,4 oz (100ml) Rose Water
- 4-8 drops essential oil

Transfer all ingredients into a clean glass bottle with a spray top, and shake well.