



**EVERYTHING YOU NEED
TO KNOW ABOUT**

*Holiday Peace +
Citrus Bliss*

WINTER BOGO 2019

Holiday Peace



- + CALMING AND SOOTHING TO ONES EMOTIONS
- + PROMOTES RESTFUL SLEEP WHEN DIFFUSED AT BEDTIME
- + APPLY TOPICALLY TO CALM OVERWHELM + STRESS
- + DIFFUSE DURING THE HOLIDAY SEASON FOR A COMFORTING,
SEASONAL AROMA
- + MIX WITH WATER AND SPRAY ON ARTIFICIAL CHRISTMAS
TREES

holiday peace

DIFFUSER BLENDS

citrus twist

- + 4 DROPS HOLIDAY PEACE
- + 2 DROPS WILD ORANGE
- + 2 DROPS GRAPEFRUIT

holiday crazy

- + 4 DROPS HOLIDAY PEACE
- + 3 DROPS BALANCE
- + 1 DROP VETIVER

fresh + airy

- + 4 DROPS HOLIDAY PEACE
- + 3 DROPS EUCALYPTUS
- + 2 DROPS LEMON

calm

- + 4 DROPS HOLIDAY PEACE
- + 2 DROPS GREEN MANDARIN
- + 2 DROPS FRANKINCENSE

overwhelm

- + 4 DROPS HOLIDAY PEACE
- + 2 DROPS FRANKINCENSE
- + 2 DROPS PEACE

Favorite Recipes

diy touch roller

30 DROPS HOLIDAY PEACE

10 ML ROLLER BOTTLE

TOP WITH COCONUT OIL

holiday calm roller

20 DROPS TANGERINE

10 DROPS HOLIDAY PEACE

10 DROPS YLANG YLANG

5 DROPS ROMAN CHAMOMILE

TOP WITH FRACTIONATED COCONUT
OIL

diy tree spray

GLASS SPRAY BOTTLE

20-30 DROPS HOLIDAY PEACE

SPLASH OF VODKA

room spray

GLASS SPRAY BOTTLE

2 OZ WITCH HAZEL

10 DROPS HOLIDAY PEACE

5 DROPS DOUGLAS FIR

8 DROPS CLOVE

TOP WITH WATER

Citrus Bliss



- + INVIGORATING AND UPLIFTING TO ONES MOOD
- + DIFFUSE WITH WHISPER FOR A DELICIOUS AROMA
- + ADD A DROP TO DIFFUSER JEWELRY TO CALM EMOTIONS
- + PROMOTES FEELINGS OF POSITIVITY
- + IMPROVES FOCUS + ATTENTION

citrus bliss

DIFFUSER BLENDS

raindrops

- + 2 DROPS CITRUS BLISS
- + 2 DROPS BALANCE
- + 2 DROPS FORGIVE

jellybeans

- + 3 DROPS CITRUS BLISS
- + 2 DROPS WILD ORANGE
- + 2 DROPS JUNIPER BERRY
- + 1 DROP LEMONGRASS

california

- + 3 DROPS CITRUS BLISS
- + 2 DROPS WHISPER
- + 1 DROP EUCALYPTUS

springtime

- + 1 DROP CITRUS BLISS
- + 2 DROPS BALANCE
- + 2 DROPS AROMATOUGH

mint creamsicle

- + 4 DROPS CITRUS BLISS
- + 2 DROPS SPEARMINT

Favorite Recipes

diy touch roller

30 DROPS CITRUS BLISS
10 ML ROLLER BOTTLE
TOP WITH COCONUT OIL

citrus mint scrub

$\frac{1}{2}$ CUP COCONUT OIL
1 CUP SALT
15 DROPS CITRUS BLISS
5 DROPS PEPPERMINT

citrus dish soap

2 CUPS LIQUID CASTILE SOAP
20 DROPS CITRUS BLISS
10 DROPS LIME
SHAKE BEFORE USE!

diy deodorant

10 ML ROLLER BOTTLE
25 DROPS CITRUS BLISS
15 DROPS LEMON
TOP WITH COCONUT OIL